

FELLOW BIOGRAPHY

John Sharkes

FSMA



John Sharkey MSc is a clinical anatomist, exercise physiologist and neuromuscular therapist with 40yrs experience. He is a world renowned presenter and authority in the areas of anatomy, bodywork and movement therapies.

Author of five books, contributor to the third edition of the renowned Travel and Simons Myofascial Pain and Dysfunction Trigger Point Manual (In Press). He is a pioneer of the Levin biotensegrity model providing dissection courses with a special focus on biotensegrity. John is an accredited member of the British Association of Clinical Anatomists (BACA) and is an Exercise Physiologist (BASES) having received his qualifications from Liverpool University, University of Chester and Dundee University, Scotland.

John is a member of the editorial board for the Journal of Bodywork and Movement Therapies (JBMT), a reviewer for the International Journal of Osteopathic Medicine and the International Journal of Therapeutic Massage and Bodywork. He is the programme leader for the Masters degree in Neuromuscular Therapy and a senior tutor with the University of Chester.